



THE ART OF
LEADERSHIP
WOMEN

Presented by **OSLER**

2025

Calgary

Vancouver

Ottawa

Toronto



We cannot change what we are not aware of, and
once we are aware, we cannot help but change.

SHERYL SANDBERG

Former COO at Meta & Bestselling Author of 'Lean In'



The Art of Leadership Women



Malala Yousafzai | 2018

Empowering Women Today for an Equitable Tomorrow

Women all over the world are no longer accepting the status quo. They're rising up, breaking through, pushing the boundaries, and carving their own paths.

From glass ceilings and inequality, to 'leaning in' and work-life balance, women leaders of today face numerous challenges. As they move up the corporate ladder and take on increased responsibilities, having the right tools and insights in order to pivot in an evolving corporate landscape has never been more essential.

In a world of information overload, The Art of Leadership Women focuses on the topics and trends most critical to leaders. This unique one-day conference features a riveting collection of world leaders, business icons, academics, and bestselling authors who inspire action.

Attendees will have the opportunity to learn improved ways of leveraging their value, elevating their skills, and developing the strategies required to take their leadership and their organizations to the next level. This conference is not just for women, but for anyone who wants to champion change on behalf of women.



Learned an actionable insight to become a better leader



Would recommend The Art of Leadership Women to a colleague



Plan on attending again in the future



Of past speakers rated engaging and impactful

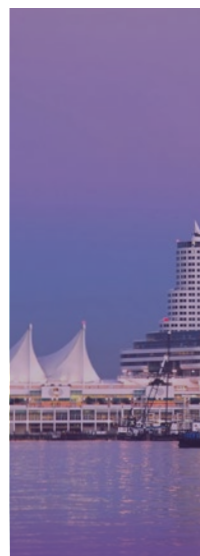
*As per the 2023 national attendee survey.



Calgary

Monday, June 9, 2025
8:45AM - 4:30PM

Calgary TELUS Convention Centre
North Building – Hall DXE
136 8th Avenue SE
Calgary, AB



Vancouver

Tuesday, June 10, 2025
8:45AM - 4:30PM

Vancouver Convention Centre
West Building – Ballroom AB
1055 Canada Place
Vancouver, BC



Ottawa

Wednesday, June 25, 2025
8:45AM - 4:30PM

Rogers Centre Ottawa
Canada Hall 301
55 Colonel By Drive
Ottawa, ON



Toronto

Thursday, June 26, 2025
8:45AM - 4:30PM






Metro Toronto Convention Centre
South Building – Hall G
222 Bremner Boulevard
Toronto, ON

TOUR DATES



AGENDA



8:15 AM	▼	Doors Open	
8:45 AM	▼	Opening Remarks	
9:00 AM		DR. CHIKA STACY ORIUWA	
9:50 AM	▼	Networking Break	
10:20 AM		DR. CHRISTIE SMITH	
11:10 AM		CAROLINE ADAMS MILLER	
12:00 PM	▼	Lunch	
1:15 PM		EXECUTIVE PANEL	
2:00 PM		MANJIT MINHAS	
3:00 PM	▼	Networking Break	
3:30 PM		CHRISTINE SINCLAIR	
4:30 PM	▼	Closing Remarks	

CHRISTINE SINCLAIR

*Former Captain of the Canadian Women's National Team,
Three-Time Olympic Medalist, and Greatest Goalscorer of All Time*



Christine Sinclair is celebrated as one of the greatest soccer players of all time and a trailblazer for women's sports. As the all-time leading scorer in international soccer history, Sinclair has redefined what it means to lead both on and off the field, inspiring millions worldwide with her humility, grit, and unparalleled skill.

Born and raised in Burnaby, British Columbia, Sinclair grew up surrounded by soccer, with two uncles who played professionally in the North American Soccer League. She first laced up her cleats at age four and quickly rose through the ranks, competing for Canada's under-18 national team before making her senior team debut at 16. Sinclair's first international goal came during the 2000 Algarve Cup, marking the beginning of an extraordinary career that would span more than two decades.

Sinclair has represented Canada in five FIFA Women's World Cups and four Olympic Games, securing three Olympic medals,

including an unforgettable gold at the Tokyo 2020 Games. Her leadership at the 2012 Olympics, where she led Canada to a bronze medal and was the tournament's leading scorer, earned her the honour of being Canada's flag bearer at the closing ceremonies.

In 2020, Sinclair broke the international goal-scoring record with her 185th goal, surpassing American Abby Wambach's previous record. The achievement was named Canada Soccer's Moment of the Year and cemented her status as a soccer legend. Over her career, she was named Canadian Female Soccer Player of the Year 14 times and was nominated seven times for FIFA Women's World Player of the Year.

At the club level, Sinclair has achieved remarkable success, winning five professional championships, including three National Women's Soccer League (NWSL) titles with the Portland Thorns FC. She captained the Thorns from their inaugural season in

2013 and recently retired from the team in November 2024, marking the end of an era for one of the league's most iconic players.

Beyond her athletic accomplishments, Sinclair is a tireless advocate for gender equality and a champion for social causes. She serves as an ambassador for the MS Society of Canada and has worked with the Canadian Women's Foundation to support girls impacted by the COVID-19 pandemic. Her memoir, *Playing the Long Game*, published in 2022, calls for greater investment in women's soccer and the establishment of a Canadian professional women's league.

Sinclair's contributions have earned her numerous accolades, including induction into Canada's Walk of Fame and appointment as an Officer of the Order of Canada. In 2023, she retired from international soccer, leaving behind a legacy that extends far beyond the pitch, inspiring generations of young athletes to dream big and break barriers.

PEAK PERFORMANCE, TEAMWORK, AND A WINNING MINDSET

- Delivering excellence under pressure through preparation, focus, and resilience.
- Inspiring your team to stay motivated and focused under pressure to achieve success in critical moments.
- Embracing challenges, learning from setbacks, and maintaining a positive outlook in the face of adversity.
- Why passion, discipline, and a relentless drive for improvement foster a winning mindset and inspire those around you.





MANJIT MINHAS

Star of CBC's Dragons' Den, Award-Winning Entrepreneur, Beer Baroness, and Canada's Top 40 Under 40



Manjit Minhas is best known as a star of CBC's, *Dragons' Den*. She joined the hit series 10 years ago after establishing herself as the formidable entrepreneur behind Minhas Brewery, Distillery, and Winery — a privately-owned global empire with annual revenues of over \$220 million.

Minhas was an engineering student at the University of Calgary, when she sold her Toyota RAV4 for \$10,000 to start a business with her brother, Ravinder. They began importing spirits from the US to sell to Canadian bars and restaurants. This part-time job soon grew into a major enterprise, and, within a decade, Minhas Brewery, Distillery, and Winery was boasting over \$100 million in annual revenue; a number that has since doubled. Minhas' portfolio includes more than 90 brands of beer, spirits, liqueurs, and wine sold internationally. She also partners with celebrities from film, music, and other industries to create unique products.

As someone who has experienced the highs and lows of entrepreneurship, Minhas was keen to help others on their business ventures, and was excited to be approached by the CBC in 2015 to star on *Dragons' Den*. Since joining the show, Minhas has invested in more than three dozen businesses. Minhas is also a committed philanthropist, who sits on numerous boards for charitable organizations, including the TELUS Friendly Future Foundation, Hull Services, and a YWCA that raised \$50 million for a crisis shelter. She also co-chaired a \$60 million United Way of Calgary and Area fundraising campaign.

Minhas is committed to sustainability and social responsibility. She was the first brewer in Canada to voluntarily print warnings about drinking and driving and the risks of consuming alcohol during pregnancy on her products. She has also used her engineering background to innovate production processes and use the least amount of chemicals, gas, electricity, and water, and created a special 48-can pack

for Costco with no plastic rings and the least amount of paper box material necessary to prevent excess materials from ending up in landfills.

In recognition of her work, Minhas has been recognized with numerous awards and accolades. This includes being named one of Canada's Top 40 Under 40 by BNN Bloomberg, one of Canada's 100 Most Powerful Women by WXN, and a Top Growth Entrepreneur by PROFIT magazine, among many others. In 2024, Minhas was honoured by the United Nations Association in Canada with the Global Citizen Laureate Award in recognition of her commitment to the UN goal of gender equality. She was also named an Honorary Lieutenant Colonel of the Queen's Own Rifles in 2023.

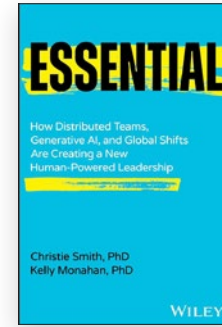
Minhas currently sits on the boards of Enbridge, YYC Airport Authority, and ATB Financial. She made history in 2024 when she became the first woman owner of the Edmonton Stingers, a CEBL team.

MENTORSHIP, EMPOWERMENT, AND SUSTAINABLE SUCCESS

- How to bring the best out of your mentees, and how to find a mentor who will bring the best out of you.
- Insights on resilience, redefining success, and breaking barriers in male-dominated industries.
- Strategies to lead inclusively, empower diverse teams, and inspire others to thrive through challenges.
- Why "everything can be negotiated" and how to turn those conversations to your advantage.

DR. CHRISTIE SMITH

Founder of The Humanity Studio, Management & Performance Strategist, and Bestselling Author



Dr. Christie Smith is a renowned leadership expert, visionary thinker, and founder of The Humanity Studio, a pioneering research and advisory institute dedicated to improving the way we live by revolutionizing the way we work. With over 35 years of experience advising Fortune 500 companies and holding global leadership roles at Accenture, Apple, and Deloitte, Dr. Smith has shaped the future of leadership, talent strategy, and organizational culture across industries.

Born into a competitive household as the youngest of eight children, Dr. Smith learned early the importance of finding her unique voice. Her upbringing during a time of societal upheaval—marked by the Vietnam War, race riots, and the women’s movement—instilled in her a profound commitment to justice, service, and leveraging her talents to drive change. Influenced by her parents—a theology teacher and a shirt salesman turned executive—Dr. Smith embraced the belief that investing in people and creating a more equitable

world are fundamental to the success of both business and society.

Dr. Smith’s academic foundation includes a doctorate in Clinical Social Work with a focus on leadership and culture from New York University. Her expertise spans leadership development, organizational design, workforce transformation, change management, DEI, and the integration of workforce technologies and AI. She has collaborated with leaders across industries, including life sciences, consumer goods, finance, and sports, drawing on her unique perspective as a former professional athlete to inspire high-performance teams.

Her career highlights include leading Accenture’s Global Talent & Organization practice, managing Deloitte’s West Region Consulting practice, and spearheading the creation of the Deloitte University Centers for Inclusion and Community Impact. At Apple, Dr. Smith played a pivotal role in advancing inclusion and diversity, fostering

the growth and representation of women and underrepresented groups internally, and influencing product and retail solutions with a people-first approach.

Dr. Smith’s insights have been sought after by top-tier publications including The New York Times, The Wall Street Journal, Harvard Business Review, Fortune, and Forbes. She is a celebrated speaker on leadership, business strategy, DEI, culture, and the transformative potential of workforce technologies, earning recognition as a Top 50 Diversity Leader and being featured in Fast Company’s Queer 50 list.

With The Humanity Studio, Dr. Smith continues her mission to place humanity at the heart of work. She is passionate about guiding today’s leaders through complex cultural, technological, and geopolitical challenges, advocating for a fundamental shift in how organizations engage and empower their people.



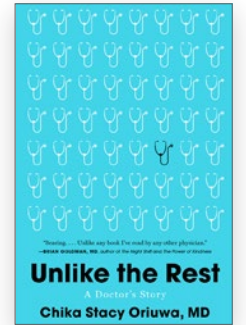
DISTRIBUTED TEAMS, GENERATIVE AI, AND HUMAN-POWERED LEADERSHIP

- Unlock radical management transformation by leading with humanity to drive growth, innovation, and adaptability.
- Navigate an evolving business landscape effectively, from managing distributed teams to leveraging generative AI.
- Apply actionable strategies to create meaningful, immediate change for individuals and organizations alike.
- Improve the way we live by revolutionizing how we work—with human-powered leadership that builds cultures of excellence.



DR. CHIKA STACY ORIUWA

*Physician, Expert in Organizational Wellness,
Human Connection, and Authentic Leadership*



An accomplished physician, nationally ranked spoken word poet, and thought leader, Dr. Chika Stacy Oriuwa is a multi-faceted powerhouse whose journey exemplifies authentic leadership and a deep commitment to driving transformative change. As a resident doctor in psychiatry at the University of Toronto, Dr. Oriuwa has become a trailblazer not only in healthcare but also as an advocate for equity, wellness, and human connection. Her career is a testament to her insatiable curiosity about the human experience and the profound connections that define it.

Dr. Oriuwa's medical journey is marked by numerous groundbreaking achievements. She became the first Black woman to be named sole valedictorian of the University of Toronto's Faculty of Medicine, a monumental moment in the institution's history. Her leadership within healthcare extends beyond academia into activism, as she has become a powerful voice for addressing disparities

in Black health and confronting institutional discrimination. She is leading several initiatives aimed at improving healthcare systems, advocating for underrepresented communities, and fostering inclusivity across various sectors.

In addition to her medical degree, Dr. Oriuwa holds a Master's degree in Health Systems Leadership and Innovation from the University of Toronto, which has enabled her to approach leadership from both a clinical and organizational perspective. Her work on numerous boards has further reinforced her expertise in advancing equity, promoting authentic leadership, and prioritizing wellness at both the individual and organizational levels. These efforts align with her personal mission to challenge norms and create systemic change that empowers people from all backgrounds to thrive.

Dr. Oriuwa is also the author of *Unlike the Rest*, a memoir chronicling her journey of

becoming, belonging, and being seen as a Black woman in the medical field. The book explores the complexities of identity, resilience, and the courage to lead in spaces where one is often marginalized. Her experiences navigating these challenges have fueled her advocacy work and her passion for creating inclusive spaces in both the healthcare system and the workplace.

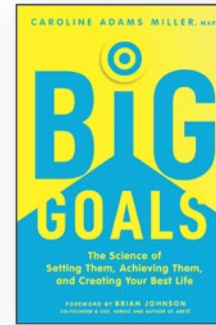
Her contributions have not gone unnoticed. Dr. Oriuwa was named one of TIME magazine's "2021 Next Generational Leaders" and featured on Maclean's Power 50 list. She has also been recognized as one of Best Health Magazine's "Women of the Year." Dr. Oriuwa's work has been featured across major media platforms, including CBC's The National, CTV News, CP24, the Toronto Star, and TODAY. In 2021, her role as a frontline healthcare worker was commemorated by Mattel's #ThankYouHeroes campaign, where she was honoured with a one-of-a-kind Barbie doll made in her likeness.

AUTHENTICITY, INCLUSIVITY, AND WELLNESS

- Harness the power of authenticity to lead with courage and inspire meaningful change in the workplace and beyond.
- Build inclusive and equitable environments through actionable strategies that confront bias and foster belonging.
- Promote organizational wellness by understanding burnout neuroscience and creating cultures that prioritize mental health.
- Empower yourself and others to occupy spaces of influence, turning adversity into leadership strength.

CAROLINE ADAMS MILLER

Nine-Time Bestselling Author, World-Renowned Authority on Goal Setting, Grit, and Positive Psychology



Caroline Adams Miller is a renowned expert on goal setting, grit, happiness, and success. With over three decades of pioneering work in the field of positive psychology, she is widely regarded as one of the world's leading authorities on how individuals can harness the science of goal accomplishment to achieve their toughest personal and professional objectives. Caroline's groundbreaking research, books, coaching, and keynotes have inspired people worldwide to transform their lives by setting meaningful goals and cultivating the resilience needed to achieve them.

Caroline is the author of nine bestselling books, including *Creating Your Best Life* in 2009, which was the first mass-market book to connect the science of happiness with the science of goal accomplishment. The book was lauded by Dr. Martin Seligman, the father of positive psychology, as a "major missing piece" in the literature on goal achievement. Her 2017 book, *Getting Grit*, delves into

how cultivating grit can lead to a flourishing life. The book became a #1 bestseller in Japan and has been translated into several languages. In 2024, Caroline released *Big Goals*, praised by experts for its clear and actionable framework for goal setting, which integrates empirical research with practical applications.

Caroline has also worked with top organizations across various industries, including Morgan Stanley, lululemon, McKinsey & Company, Harvard Law School, and The Wharton School. A leader in positive psychology education, Caroline was one of the first graduates of the University of Pennsylvania's Master of Applied Positive Psychology (MAPP) program. She has taught at prestigious institutions such as NYU, the University of Texas-Dallas, and the Wharton Business School's Executive Education program. Caroline's commitment to education extends to her role in advising Happify Health, a digital platform offering

resilience solutions, and her creation of courses on flourishing and goal setting for various online platforms.

Caroline's work has been featured in major media outlets like BBC World News, The New York Times, and CNN, where she shares her insights on achieving success through resilience and grit. She is also a sought-after coach, helping leaders, athletes, and professionals identify their character strengths, develop more grit, and achieve their most important goals.

In addition to her professional accomplishments, Caroline is passionate about helping individuals overcome personal challenges. Her memoirs, *My Name is Caroline* and *Positively Caroline*, detail her journey overcoming bulimia and becoming a beacon of hope for others facing similar struggles. Caroline is an accomplished athlete, holding a black belt in Hapkido and training for another in Tzee Wai Kuen.



GOAL SETTING, GRIT, AND RESILIENCE

- Inspire leaders to deliver game-changing results and achieve exceptional outcomes in their careers.
- How organizations can optimize resilience and thrive during change by cultivating grit for confident leadership.
- Discover how to step outside your comfort zone to unlock meaningful personal and professional growth.
- Gain tools to inspire teams and drive sustainable results through transformational leadership.

PAST ATTENDEES

▀▀ I love The Art of Leadership Women because of the palpable energy in the room. You can't substitute what you can get physically from other people in connections, motivation, and self-belief than you can when you're just together. It's a powerful thing!

Jessica Herrin
CEO & Founder
STELLA & DOT

▀▀ The Art of Leadership Women was exceptional! The consistency of quality and content from the speakers was unusual for a full day event. Well organized and amazing content.

Lorraine Sanderson
Director, Human Resources
CANADA POST

▀▀ The Art of Leadership Women was fantastic! They brought together amazing speakers who provided insights on a variety of timely and relevant topics for women in leadership.

Kelly McMillen
Director, Learning Institute
THE HOSPITAL FOR SICK CHILDREN



Brookfield



CBRE



*e***ENBRIDGE**

FedEx



Canada



 **HYUNDAI**

 **Loblaws**

 **Microsoft**



 **pwc**



 **ROGERS**

 **Sun Life**

SUNCOR



 **TELUS**



VISA

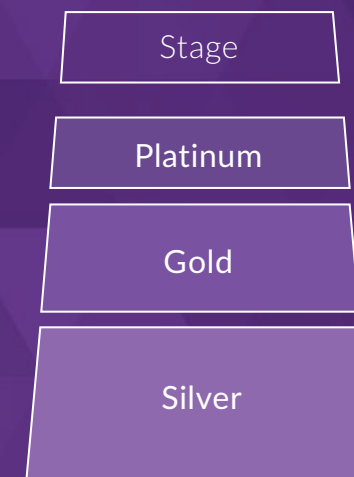
WESTJET 

PRICING

WHAT'S INCLUDED	SILVER \$549 <small>+TAX</small>	GOLD \$799 <small>+TAX</small>	LIMITED AVAILABILITY PLATINUM \$999 <small>+TAX</small>
Seating	Theatre seating behind Gold - First-come, first-seated	Upgraded classroom seating behind Platinum - Rows 4+	Premier classroom seating Rows 1-3
Insight Workbook	✓	✓	✓
Conference Summary	✓	✓	✓
The Art of Leadership Magazine	✓	✓	✓
Book signings with speakers	✓	✓	✓
Freshly brewed morning coffee & tea	✓	✓	✓
Express entrance		✓	✓
Three-course networking lunch		✓	✓
Journal, pen & tote		✓	✓
Featured speaker book(s)		 *	
 Exclusive cocktail & hors d'oeuvres reception			✓
Meet & greet plus professional photo with Christine Sinclair			✓

*Book title may vary based on availability.

SEATING



GROUP PRICING

Starting at \$50 off per pass for groups of 5 or more.

RESERVED SEATING

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Platinum - 5 or more

Gold - 10 or more

Silver - 20 or more

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